

Avon Tyrrell Residential Kit List

Avon Tyrrell will provide any specialist equipment required for activities, but in order to make sure your group is able to fully enjoy their visit, please ensure suitable clothes and footwear are brought. The amount of each item will depend on your programme and the duration of your stay, but if you are in any way unsure, please let us know and we will be more than happy to advise you.

For a standard residential visit, we would suggest the following:

- Suitable outdoor coat (waterproof and warm), and outdoor trousers.
- Outdoor footwear (closed toe) i.e. walking boots or sturdy trainers. Wellies are not suitable for most of our activities.
- Old trainers for water sport activities as they are likely to get wet.
- Warm jumpers or hoodies – fleeces are best as they are lightweight and warm.
- Short sleeve and long sleeve tops (thermals are good for the winter)
- Casual clothes for the evening and slippers for wearing indoors.
- Sleepwear
- Underwear – including at least 1 pair of socks per day, plus a couple of extra.
- Swim wear
- Woolly hat, gloves and scarf
- Small back pack to keep extra layers and a drink in while on sessions
- Toiletries including; soap, tooth brush, tooth paste, hairbrush, shampoo etc.
- Towel (1 x big and 1 x small)
- Thin blanket for the night in case it gets too cold.
- Any prescribed medication
- Sun cream
- Spending money for the shop
- Reusable water bottle
- Torch
- Camera to take photos of your experience

Outdoor activities are exciting, challenging and interesting but they will be more enjoyable if participants have suitable clothing, so please bring plenty of old, warm clothes that you don't mind getting dirty. Please remember that visitors will need to be able to carry their own bag so need to be considerate of luggage choices.